

SB/JC/GW

September 2025

Dear Parent/Carer

As part of their PSHRE curriculum (Personal, Social, Health, Religious and Economic Education) this half term, students in Year 9 will be studying lessons around the topic of Relationships and Sex Education.

This will involve the following lessons:

- Myths and misconceptions relating to consent.
- What are the laws relating to consent?
- STIs, effective use of condoms and negotiating safer sex
- What about the consequences of unprotected sex?
- How does the portrayal of relationships in the media and pornography affect expectations?
- How do you distinguish between healthy and toxic friendships?

If you **do not** wish your child to take part in these lessons, please complete and return the form below.

Yours sincerely

Mrs S Bennett  
Headteacher

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Students Name: \_\_\_\_\_ Tutor Group: \_\_\_\_\_

I wish to withdraw my child from the Relationships and Sex Education lessons from 16<sup>th</sup> September to 21<sup>st</sup> October 2025.

Signed: \_\_\_\_\_ (Parent/Carer) Date: \_\_\_\_\_